



DEPARTMENT OF THE ARMY AND THE AIR FORCE
NATIONAL GUARD BUREAU
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ARLINGTON, VA 22204-1382

NGB-ARP

7 November 2006

MEMORANDUM FOR Military Personnel Management Officers of all States, Puerto Rico, Guam, the US Virgin Islands, and the District of Columbia

SUBJECT: Army National Guard (ARNG) Post Deployment Health Reassessment (PDHRA) Organic Screening Process & Procedures

1. References:

a. Department of Defense Instruction Number 6490.03, subject: Deployment Health, August 11, 2006.

b. Memorandum, DA, 23 January 2006, subject: US Army Post Deployment Health Reassessment Implementation Plan.

c. Memorandum, NGB-ARS, 21 April 2006, subject: Army National Guard Post Deployment Health Reassessment (PDHRA) Screen.

2. Purpose. The purpose of this memorandum is to outline procedures to complete PDHRA screening with State provided "organic" assets.

3. In accordance with paragraph 1a. each Soldier deployed to a combat zone longer than 30 days must complete a PDHRA within 90-180 days of their release from active duty.

4. The Department of Defense (DoD) has made available on-site screening teams and a 24-hour Call Center staffed with trained and credentialed Healthcare Providers, Nurse Practitioners, Behavioral Health Specialists and other professional medical staff to assist Commanders in providing the mandated health assessment to their Soldiers. States/Territories that choose to screen their Soldiers using "organic" assets must understand the processes associated with completing the assessment and must make provisions to comply with all requirements.

5. The following elements are key requirements to successfully complete the PDHRA.

a. Battlemind II Training. The Walter Reed Army Institute of Research (WRAIR) developed Battlemind II Training to be part of the PDHRA process. Units are required to conduct this training in conjunction with the PDHRA, to help Soldiers understand that the Battlemind skills that are essential in combat may be harmful in their day-to-day life.

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(1) Units should conduct this training prior to completion of the DD Form 2900 and subsequent Healthcare Provider evaluation. The unit should allocate approximately one hour to this training and conduct it in small groups (platoon-size) to encourage interaction and discussion.

(2) Units should assign a facilitator to conduct Battlemind II Training. The most effective facilitators tend to be respected members of the unit who possess deployment experience and are able to relate well with Soldiers. Instructor materials, including a PowerPoint presentation with embedded video clips, are available to assist in presenting the training, at <http://www.battlemind.org>.

(3) In locations where group training is not possible, Soldiers may view Battlemind II Training at <http://www.virtualarmory.com/mobiledeploy/PDHRA>.

b. Healthcare Providers must complete the Deployment Health Clinical Training Series provided at <http://www.pdhealth.mil/dcs/pdhra.asp>. These clinical training modules provide comprehensive training on the DoD/VA Post-Deployment Health Clinical Practice Guideline and the VA/DoD Clinical Practice Guideline for Management of Medically Unexplained Symptoms: Chronic Pain and Fatigue and useful information about several important Emerging Health Concerns. The DD Form 2900 (page 4) must be reviewed and signed off by a licensed Healthcare Provider.

c. It is the State's responsibility to ensure that the completed DD Form 2900s are properly entered and uploaded into MEDPROS. The best means to accomplish this is to ensure that the Healthcare Providers completing the assessment have Internet access during the screening event and write permission for MEDPROS web-data entry, enabling them to complete the electronic DD Form 2900 directly in MEDPROS. As of the date of this memorandum, the National Guard Bureau will no longer accept paper DD Form 2900s for upload. Instructions for obtaining write access for MEDPROS are located at https://apps.mods.army.mil/medpros/secured/access_mods.asp.

7. Additional resources that should be considered in completing the assessments are the Veteran's Administration Medical Centers and Vet Centers. It may be possible to arrange for VA personnel to provide benefits counseling, arrange for PDHRA referral appointments, or provide other services complimentary to the States' PDHRA Program.

8. To ensure proper accounting of each States screening efforts, States considering PDHRA screening by "organic" methods should report intent and provide details of their State PDHRA Program to the PDHRA Program Office.

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9. Training and Marketing materials on the ARNG PDHRA Program, which may assist States in developing their PDHRA Programs, are located on Guard Knowledge Online (GKO) at <https://gkoportal.ngb.army.mil/C9/C11/PDHRA/default.aspx> and on Virtual Armory at <http://www.virtualarmory.com/mobiledeploy/PDHRA>.

10. The point of contact for this memorandum is CW3 Bonny Bell, (703) 607-9472, bonny.bell@us.army.mil.



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